



Horizons

LCI Inc

May 2008

RESPIRE SERVICES: A RELIEF FOR DEDICATED FAMILIES

LCI is partnering with Sandhills Center for MH/DD/SAS to help provide respite services for individuals with disabilities in Lee and Harnett Counties. Respite is a service that helps families and/or caregivers of individuals with disabilities to have a break from the constant responsibility of caring for their loved one. The Hincks family has enjoyed the benefits of the respite program. Mrs. Hincks reports that her daughter is well taken care of, and for the first time, she and her husband are BOTH able to go watch their other daughter play school tennis for her school. Before they received respite services, one parent always had to stay home to care for their daughter who has a disability. LCI works with families on their particular needs, but typically, a trained staff person will come into your home and will oversee the care and provide supervision for the disabled person while you leave the home and take some time for yourself. The person with the disability can be of any age. The only eligibility requirement for this service is that a person must have a developmental disability (Autism, MR, and Cerebral Palsy to name a few) and they must live in Lee or Harnett counties. If you are interested in this program, please contact Lisa Yancey at 775-3439 x215.

YARD SALE

Yard Sale Fundraiser
will be held at LCI:
2711 Tramway Road

May 17th
7 am - 1 pm
(rain date May 31)

There will be
18 vendors!!
Hot dogs, snacks and
drinks also for sale.

If you have items you
would like to donate for
the yard sale, please drop
items off at LCI or call
Nancy Hardy with any
questions

@ 919-775-3439

SENIORS: TRAVELING TO NEW DESTINATIONS

Thanks to Central Carolina Community College, LCI has been able to begin the Travel Club, a recently formed class of seniors at LCI. These are LCI participants over the age of 50 who have a different focus than many of their younger co-workers.

Since the class started March 1, they have been busy navigating different places of interest. In March they spent a month exploring Hawaii, learning about the customs, climate, animals, plants, sports, geography and so on. Once a week the class tested a recipe using foods native to the area. They made leis, mosaic pineapples and various other Hawaiian crafts.

They spent April in the beautiful country of Switzerland. Aside from crafts and Swiss recipes, they have studied avalanches, mountains, Swiss festivals and products that have originated there. The group is also enjoying a reading of the classic story, Heidi.

Currently, they are in Mexico to coordinate with Cinco de Mayo celebrations. The Travel Club is also practicing for the upcoming Special Olympics and painting birdhouses for Earth Day. Each day brings more fun and surprises. This group of seniors is enthusiastic and hardworking. They strongly believe that learning never ends.



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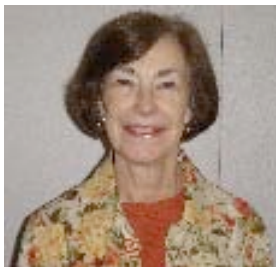
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A message from the President



This spring LCI's Board of Directors and staff have begun preparations for the upcoming 2009 CARF accreditation survey. CARF (Commission on the Accreditation of Rehabilitation Facilities) is a private, not-for-profit organization that promotes excellence in services for those in need of rehabilitation services by setting standards and guidelines that ensure quality and also point out opportunities for improvement. One of the first things a visitor to LCI learns is that our program has been the proud recipient of a three-year accreditation, the highest level of accreditation, in each survey since 1994. Without CARF accreditation, for instance, LCI would not be eligible to contract with Vocational Rehabilitation and Sandhills Mental Health, and without the CARF guidelines we could not be certain that our programs and services meet national standards of performance

Since CARF provides guidelines and standards for all areas of an organization's operations, the accreditation process will include board members as well as LCI staff and participants. Board members will interview with the CARF team, and we are studying the guidelines to make sure that we are all aware of CARF standards and are meeting them in areas like board selection and practices, leadership and ethics, annual self-assessments, and oversight. It is an intensive process for all involved, but it is also rewarding because in the end we will know that we are doing all we can to provide programs of the highest quality to our participants.

Sincerely,

Marilyn Ebken, Board President

Thanks to our most recent donors!

Dr. and Mrs. Richard Ebken

Sue Marshburn

St. Luke United Methodist Foundation

Knights of Columbus

Andy and Ginny Connolly-Manhardt in memory of John Connolly

Sonya Gilliland

Harold Davis

Lisa Fedorchak

Naeir



Visit with a former President



LCI participants and staff took part in Lee County history by attending the Bill Clinton event where he campaigned for his wife, Hillary. Over 1,000 people were in attendance, and people from LCI were treated with the utmost respect by Extension Center staff. Pictured left, participant Anthony Martin cheers "Go Bill!"



May is Mental Health Month

This May, let the conversation begin that mental illness is real, treatment works and the hope of recovery is a realistic possibility.

Fast Fact:

Remember

ANYONE
at
ANYTIME

can acquire a disability temporarily or permanently. People with disabilities represent the nation's largest minority group and it is the **ONLY** one that any person can join at any time. .

Each participant who receives services from LCI has one or more **GOAL PLANS**. These goals are individualized and include vocational, educational, socialization and independence skills. Goal plans are created with the participant, taking into account their desires. If you are the guardian of someone attending LCI and would like to discuss your loved one's goals, please don't hesitate to contact the program director. When in doubt, call Meg Moss at x 209 or Sue Marshburn at x 217.

Donations: We Cannot Do It Without Your Support



LCI is a private, nonprofit, tax-exempt organization serving individuals with disabilities and other barriers to employment. Your continued support allows us to provide the training and enhanced services to allow people with disabilities to reach their full potential.

Donors of \$50+ will have their name engraved on LCI's donor's plaque in our main entrance.



Claudia Lee and Donna work together to increase Donna's independent living skills.

Enclosed is a gift of \$ _____ in memory of _____

Enclosed is a gift of \$ _____ in honor of _____

Enclosed is a regular contribution of \$ _____

THIS GIFT IS FROM:

Name: _____
Street: _____
City: _____
State: _____ Zip: _____

PLEASE SEND CARD TO:

Name: _____
Street: _____
City: _____
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LCI Department Highlight: Assistive Technology

LCI and North Carolina Assistive Technology Program (NCATP) are happy to announce a new partnership. Effective January 2, 2008, NCATP and LCI in Sanford have partnered to offer a full service assistive technology (AT) center within LCI. This partnership expands AT services within LCI and establishes the 11th AT Center for NCATP across the state.

LCI has operated an AT Center for the past 2 years and is currently the only CRP with a focus on assistive technology. The partnership allows LCI to provide evaluations, training, and loaning of equipment while continuing to serve their participants through their computer training program. LCI staff and consumers have access to the center to check out loan equipment for trial within the CRP, the community, educational and employment settings.

Julie Dutchess, the Assistive Technology Consultant, is excited about the opportunities that are available with the partnership. "The addition of the new equipment and the lending library are going to create so many more



possibilities for the public. Individuals will be able to try the equipment before they purchase it to make sure it is the right device, software, magnifier, etc for them", says Dutchess. The AT Center not only focuses on computer access and communication, but also daily living aids, environmental control, mobility, etc. Meg Moss, Director of LCI, states that the "partnership expands services within LCI and brings individuals into our program that we have not traditionally served."

Recently, LCI hosted a workshop with RJ Cooper at the Public Works building in Lee County that was open to the public. RJ Cooper, an internationally renowned pioneer in assistive technology, demonstrated equipment and teaching techniques to local teachers, therapists, families, and community rehab workers from Lee and Chatham counties. *Pictured to the left is a Chatham Co. student 'trying out' a new AT device.*



LCI is committed to empowering individuals to become independent and productive citizens through education and progressive vocational training by partnering with industry and the community to provide quality products and services.

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